

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lara Watkins

Has successfully participated & completed the

7km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

TIME 00:57:34

PACE 08:12/km

OVERALL 41 of 204

GENDER 28 of 161

OPEN 20 of 96

28 August 2016, Sun

Date



BoutTime